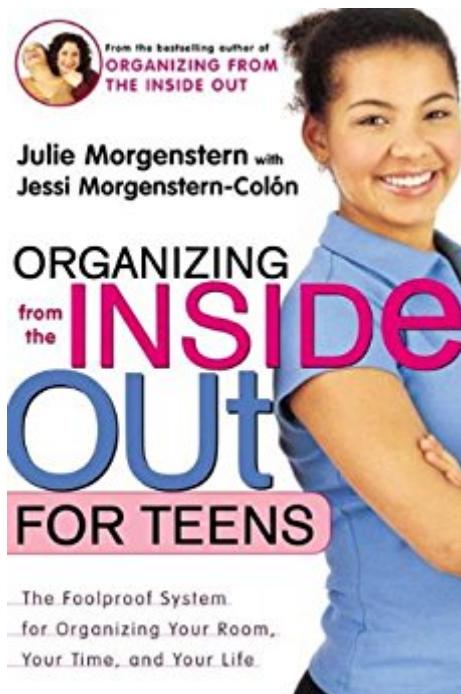


The book was found

# Organizing From The Inside Out For Teens: The Foolproof System For Organizing Your Room, Your Time, And Your Life



## **Synopsis**

From Organizing from the Inside Out for Teens:Jessi Says What's My Payoff?My bedroom is my home base and keeping it organized is a must. If my room isn't in solid condition, it's difficult to keep the rest of my life on track. Here are some other reasons that motivate me to keep my room organized:- My room is the only space on the entire planet that is solely mine.- My organized room allows me to maximize my space and time.- My room boosts my confidence.- My room gives others (especially my mom!) confidence in me.- Organizing my room allows me to do what I want, when I want.

## **Book Information**

File Size: 2183 KB

Print Length: 256 pages

Publisher: Holt Paperbacks; 1 edition (September 3, 2002)

Publication Date: September 3, 2002

Sold by: Macmillan

Language: English

ASIN: B0072382YE

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Not Enabled

Best Sellers Rank: #843,110 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #12 in Kindle Store > Kindle eBooks > Children's eBooks > Geography & Cultures > Where We Live > House & Home #45 in Kindle Store > Kindle eBooks > Nonfiction > Children's Nonfiction > People & Places > Where We Live #108 in Books > Children's Books > Geography & Cultures > Where We Live > House & Home

## **Customer Reviews**

Morgenstern has a different approach than most authors who write books about getting organized. She divides the book into four sections: Laying the Foundation, Secrets of a Professional Organizer, Applying what You've Learned, and Tackling Time & Technology. Sounds ordinary, but the first section is priceless. And, throughout the book she includes textboxes of "insiders tips" and "avoiding common pitfalls."Many of us try hard to be organized and end up cluttering our house with

organizing books, baskets, filing cabinets, and other gadgets. We get our house almost organized, yet find there's one room or task we just can't do. Are we sabotaging ourselves? Yes, according to Morgenstern. She quotes, "You can't fix it till you know what's broken" and explains that until you know why you stray toward disorganization, you will never master it. Psychological obstacles are one of three factors in clutter, according to Morgenstern (the other two are errors in your "organizing system" and external realities. But she deals with the psychological aspect in a brisk, energizing chapter that actually motivates you. Her actual organizational tips revolve around three essential steps: 1. Analyze (evaluate your current situation and what's not working.) 2. Strategize (Create plan and realistic estimate of how long it will take.) 3. Attack (Dive into the work.) The Analyze and Strategize sections are actually very useful and are easy to tackle. You will need a notebook, and will go from room to room answering 5 questions: What's working? What's not working? What items are most essential to you? Why do you want to get organized? (i.e.

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